



Protocol

1. Debride the nails

- The more infected the nail, the more you debride. The nail thickness should be around 1mm to allow maximum penetration of the light and the formula. All 5 toes on the infected foot should be debrided.
- File the nail down as thoroughly as you can. Remove the shiny outer layer of the nail.

2. Take a picture

- Place the patient's foot on a clean disposable mat, with graph paper on top.
- Place the patient ID on the mat.
- Take a close-up photo of the hallux with graph paper visible behind the nail. Lighting is key. Take the photo in a well-lit room or shine your phone flashlight directly over the foot.
- Always try to take the photo from the same direction and make sure it is in focus.

3. Apply the ClearToe Serum

- Use the twist pen applicator.
- Apply 3 coats of the serum onto the toenail until the area is covered thoroughly and is very wet and dark blue.
- Treat all 5 toes on the infected foot.
- If the patient has tinea pedis, also apply formula between the toes.
- Include the edges of the skin around the nail.
- Wait 15 minutes for the formula to penetrate the nail.

4. Shine the ClearToe Light

- Place entire foot under the light on an angle (to match the shape of the foot).
- Press the button - the light is pre-set for 15 minutes.

5. Finish treatment

- Gently wipe the toes. Don't scrub out the formula as it continues to work past the light session.
- Book patient's next appointment and discharge.
- Wipe off the light.