Toenail Fungus Study



Look for:

Adult patients with clinical diagnosis of <u>Mild-to-Moderate subungual onychomycosis (DSO)</u> affecting at least one great toenail. Determine by Severity index (OSI), see below.

Mainly: max 50% involvement, not proximal, width of the nail is <2mm (see OSI below).



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Onychomycosis Severity Index (OSI)

(1-5 points) Area of involvement



(1-5 points) Proximity of disease to the matrix



10 points (if a longitudinal streak or a patch (dermatophytoma)



10 points (if nail is >2 mm thick).

1. Area of involvement (%)

1 point for 1% to 10% of the nail,

2 points for 11% to 25%,

3 points for 26% to 50%,

4 points for 51% to 75%,

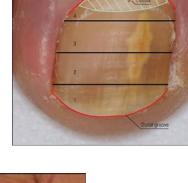
5 points for > 75%

2. Proximity of disease to the matrix (white/pink area)-amount involvement from the distal edge

OSI Score
Mild = <=5

Moderate = 6 -15 Severe = 16 - 35

- 1 point -<1/4
- 2 points 1/4-1/2
- 3 points ->1/2-3/4
- 4 points >3/4
- 5 points matrix involvement includes lunula involvement or disappearance of leading edge under the proximal nail fold
- 3. + 10 points Presence of severe subungual hyperkeratosis (nail thickness >2 mm)
- 4. + 10 points Existence of dermatophytoma (lines or patches)-see picture below.





Examples of dermatophytoma. A, Yellow patch. Note that the borders of the patch are not contiguous with the distal edge. B, Large yellow patch. C, Yellow streaks

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Example OSI Score on Real Nails



- A. This nail receives a score of 4.
- 2 (for area of involvement) X 2 (for proximity of disease to the matrix) = 4. No dermatophytomas or hyperkeratosis is present. This nail has mild involvement.
- B. This nail receives a score of 3.
- 1 (for area) X 3 (for proximity of disease to the matrix) = 3. This nail has mild involvement.
- C. The great nail receives a score of 12.
- 3 (for area) X 4 (for proximity of disease to the matrix) =12. No dermatophytoma or hyperkeratosis is present. This nail has moderate involvement.
- D. The great nail receives a score of 15.
- 1 (for area) X 5 (for proximity of disease to the matrix owing to matrix involvement) = 5. A lateral streak is present for an additional score of 10=5+10=15. This nail has severe involvement.
- E. The right great nail receives a score of 35.
- 5 (for area) X 5 (for proximity of disease to the matrix owing to matrix involvement) = 25. Thick subungual hyperkeratosis is present, 10 points, for a total 25+10=35. This nail has severe involvement.